

Hamilton Unified School District
 001 - Hamilton Union Elementary School
 Boys And Girls Club Supper Menu September
 2021

Sep 1, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		Sep - 1 Hot Dog w/Bun Fritos Baby Carrots Watermelon Milk 1% Plain White	Sep - 2 Grilled Cheese Sandwi Fries Crinkle Salad Bar Juice Milk 1% Plain White	Sep - 3 Cheeseburger Fritos Broccoli RAISINS Milk 1% Plain White
Sep - 6	Sep - 7 BURRITO,BEEF Salad Bar Apple Milk 1% Plain White	Sep - 8 Corn Dog Tator Tots CUCUMBER,RAW Peaches, FRZ, SL Milk 1% Plain White	Sep - 9 Deli Ham&Cheese Fritos Baby Carrots Grapes Milk 1% Plain White	Sep - 10 Sausage Muffin/Chees Hashbrowns Banana Milk 1% Plain White
Sep - 13 Chicken Enchilada SPANISH RICE Garden Salad w/dressi Apple Milk 1% Plain White	Sep - 14 Pizza Baby Carrots Plums Milk 1% Plain White	Sep - 15 Chicken Rice Bowls BROCCOLI Oranges Milk 1% Plain White	Sep - 16 Chicken Nugget MASHED POTATOES Garden Salad w/dressi Watermelon Milk 1% Plain White	Sep - 17 Deli Turkey&Cheese w Fritos Garden Salad w/dressi Apple Milk 1% Plain White
Sep - 20	Sep - 21 Spagetti Bread Stick Garden Salad w/dressi Apple Milk 1% Plain White	Sep - 22 Chicken Sandwich Tator Tots Baby Carrots Peaches, FRZ, SL Milk 1% Plain White	Sep - 23 BBQ PORK ON BUN: Tator Tots Garden Salad w/dressi Apple Milk 1% Plain White	Sep - 24 Deli Sub w/Bun Fritos Baby Carrots Apple Milk 1% Plain White
Sep - 27 Hot Dog w/Bun CHILI CON CARNE & Fritos NECTARINES,FRESH Milk 1% Plain White	Sep - 28 Turkey Casserole Green Beans Bread Stick PEARS,FRESH Milk 1% Plain White	Sep - 29 Galazy Pizza Baby Carrots APPLESAUCE,SWEE Garden Salad w/dressi Milk 1% Plain White	Sep - 30 BURRITO, BEEF SPANISH RICE Garden Salad w/dressi Plums Milk 1% Plain White	

All meals include, fresh fruit, vegetables and choice of Low Fat White Milk. & Low Fat Chocolate Milk
 Menus are subject to change depending on availability

All Grains are Whole Grain Rich

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.