


# Hamilton Unified School District

## , Elementary School Lunch Menu,

Monday	Tuesday	Wednesday	Thursday	Friday
		Sep - 1 Spagetti Bread Stick Salad Bar fruit fresh MILK - Variety	Sep - 2 Nachos fruit fresh Salad Bar MILK - Variety	Sep - 3 Pizza Peperoni Baby Carrots Apple Salad Bar MILK - Variety
Sep - 6	Sep - 7 Soft Taco Salad Bar Cheese Wedge fruit fresh MILK - Variety	Sep - 8 Turkey Casserole Green Beans Apple Bread Stick MILK - Variety	Sep - 9 Chicken Sandwich Fries Crinkle Baby Carrots fruit fresh MILK - Variety	Sep - 10 Pizza Peperoni Salad Bar NECTARINES,FRESH MILK - Variety
Sep - 13 Grilled Cheese Sandwi Fritos Broccoli Plums MILK - Variety	Sep - 14 Pork Carnitas Tortilla w/w Refried Beans w/Chee Salad Bar Apple MILK - Variety	Sep - 15 Spagetti Bread Stick Salad Bar fruit fresh MILK - Variety	Sep - 16 Chicken Nugget Mashed Potatoes BROCCOLI Peaches, FRZ, SL MILK - Variety	Sep - 17 Pizza Peperoni Salad Bar Baby Carrots Apple MILK - Variety
Sep - 20 Corn Dog Fries Crinkle Salad Bar Peaches MILK - Variety	Sep - 21 Beef Burrito SPANISH RICE Salad Bar fruit fresh MILK - Variety	Sep - 22 Teriyaki Beef Dunkers MASHED POTATOES Green Beans Apple MILK - Variety	Sep - 23 Chicken Sandwich Fries Crinkle Baby Carrots Applesauce MILK - Variety	Sep - 24 Pizza Peperoni Salad Bar NECTARINES,FRESH MILK - Variety
Sep - 27 Hot Dog w/Bun Fritos Chili Beans fruit fresh MILK - Variety	Sep - 28 Soft Taco Refried Beans w/Chee Salad Bar Apple MILK - Variety	Sep - 29 Chicken Alfredo ROLLS,WHEAT Green Beans NECTARINES,FRESH MILK - Variety	Sep - 30 Chicken Nuggets Mashed Potatoes Salad Bar Apple MILK - Variety	

All meals include, fresh fruit, vegetables and choice of Low Fat White Milk. & Low Fat Chocolate Milk  
Menus are subject to change depending on availability

All Grains are Whole Grain Rich

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# Hamilton Unified School District

## Breakfast Menu, September

Sep 1, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
		Sep - 1 cereal and cracker PANCAKE ON A STIC Hashbrowns Apple MILK - Variety	Sep - 2 cereal and cracker Breakfat Bar Choc/Ban Sausage Links fruit fresh MILK - Variety	Sep - 3 cereal and cracker BREAKFAST BURRIT Hashbrowns fruit fresh MILK - Variety
Sep - 6	Sep - 7 cereal and cracker Breakfast Pizza Peaches, FRZ, SL MILK - Variety	Sep - 8 cereal and cracker Cinnamon Rolls Sausage Links Plums MILK - Variety	Sep - 9 cereal and cracker Breakfast Pizza fruit fresh MILK - Variety	Sep - 10 cereal and cracker Bagel Oven Fresh w/w Sausage Links CHEESE, CREAM fruit fresh MILK - Variety
Sep - 13 cereal and cracker Sausage Muffin/Chees fruit fresh MILK - Variety	Sep - 14 cereal and cracker Breakfat Bar Choc/Ban Hashbrowns fruit fresh MILK - Variety	Sep - 15 cereal and cracker Rasberry Churros Sausage Links Banana MILK - Variety	Sep - 16 cereal and cracker Breakfast Pizza fruit fresh MILK - Variety	Sep - 17 cereal and cracker BREAKFAST BURRIT Apple Juice MILK - Variety
Sep - 20 cereal and cracker Breakfat Bar Choc/Ban Hashbrowns NECTARINES, FRESH MILK - Variety	Sep - 21 cereal and cracker Bagel Breakfast Sand Peaches, FRZ, SL Juice MILK - Variety	Sep - 22 cereal and cracker Breakfast Pizza Strawberries MILK - Variety	Sep - 23 cereal and cracker WAFFLE STIX Sausage Links Apple MILK - Variety	Sep - 24 cereal and cracker BREAKFAST BURRIT Juice Peaches, FRZ, SL MILK - Variety
Sep - 27 cereal and cracker Cinnamon Rolls Sausage Links Banana MILK - Variety	Sep - 28 cereal and cracker Breakfast Pizza NECTARINES, FRESH Juice MILK - Variety	Sep - 29 cereal and cracker French Toast Sticks Hashbrowns Apple Juice MILK - Variety	Sep - 30 cereal and cracker PANCAKES W/BUT&S Sausage Links Peaches, FRZ, SL Juice MILK - Variety	

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